



MMAS  
FOUNDATION  
*A big difference for little people*

MMAS Foundation were  
so privileged to support  
the first Meggaball event  
in Luton on Saturday  
10th February to raise  
awareness for  
Prostate Cancer UK.  
It was a fantastic day  
supporting such a great  
cause.





# MMAS

## FOUNDATION

*A big difference for little people*





### MMAS FOUNDATION

*A big difference for little people*

#### PERSONAL DEVELOPMENT SERVICES

It is the mission of MMAS Foundation to help disadvantaged people improve their lives and the lives of others.

#### Our Services

Preparing For Adulthood

Personal Development Services

Project Funding

01582 536 064  
[enquiries@mmasfoundation.org.uk](mailto:enquiries@mmasfoundation.org.uk)







MMAAS  
FOUNDATION  
*A big difference for little people*







**MMAS**  
FOUNDATION  
*A big difference for little people*



# MEGGABALL FITNESS

JOIN US FOR THE 1ST EVER MEGGABALL FITNESS EVENT IN LUTON



Anthony Lewis  
*Afrobeats Aerobics*



Michelle Nelson  
*Boxfit*



Winston Squire  
*Meggabal*



Becky Griffith  
*Mindful Stretch*

**SOUND BY: LEE DRUMMOND**

**10TH FEBRUARY 2024**  
**13:00 - 5:00PM**

ACTIVE LUTON  
LEA MANOR RECREATION CENTRE  
NORTHWELL DRIVE  
LUTON LU3 3TL

**BOOK  
NOW**

SUPPORTED BY



SUPPORTING  
**PROSTATE  
CANCER UK**

PROSTATE CANCER UK IS A REGISTERED CHARITY IN ENGLAND AND WALES (1105541) AND IN SCOTLAND (SC039322). REGISTERED COMPANY 0205388

BOOK ON  
[WWW.MEGGABALL.COM/EVENTS](http://WWW.MEGGABALL.COM/EVENTS)  
OR SCAN THE QR CODE TO BOOK  
YOUR TICKET

