

"I feel more motivated to do stuff now"

"I feel that I can talk more in front of strangers"

Tash 29





Hi, my name is Natasha, and I am 29 years of age. I am from Bedfordshire and have been with SecretANGELS since 2019 for support with Life Skills. Since being with the organisation I have been helped with things such as Money Management and Social Skills. I was introduced to the Lunch 'n' Learn Club in 2021 which is run by SecretANGELS sister company MMAS Foundation. We meet on a Thursday and do activities such as Arts and Crafts, Computing and Day Trips out. I have now become a volunteer at the club and use my skills gained to take payments and assist with organising lunch.

Since being with SecretANGELS this led me to join the MMAS Foundation Employability Programme and now I am nearly at the end of my course whereby they have been helping me with my reading, writing and job opportunities. At present, I am doing work experience at a local Beauty Academy that is working in collaboration with SecretANGELS.

This opportunity has been a fun experience and has changed my life for the better and given me the skills and confidence needed to succeed. I am so grateful for everything SecretANGELS have done for me, and I am excited to see where my future takes me with the continued support of these organisations.

Thank you so much SecretANGELS and MMAS! FOUNDATION

Abig difference for little people