



WORLD WELLBEING WEEK 2024



MMAS
FOUNDATION
A big difference for little people

SINCE ITS INCEPTION IN 2019, WORLD WELLBEING WEEK HAS EVOLVED INTO A GLOBAL MOVEMENT THAT CELEBRATES AND PROMOTES THE WELLBEING OF INDIVIDUALS AND COMMUNITIES WORLDWIDE.

THE EVENT HAS WITNESSED AN EXPONENTIAL INCREASE IN REACH, REFLECTING THE GROWING IMPORTANCE PEOPLE PLACE ON THEIR OVERALL WELLBEING.



**WORLD WELLBEING WEEK IS DESIGNED TO
OFFER A PLATFORM FOR INDIVIDUALS
WORLDWIDE TO CELEBRATE THE DIVERSE
DIMENSIONS OF WELLBEING.**

SUCH AS

MEANINGFUL AND PURPOSEFUL WORK

FINANCIAL SECURITY

PHYSICAL, MENTAL, & EMOTIONAL HEALTH

SOCIAL RESILIENCE

EMPATHIC CORPORATE AND CIVIC LEADERSHIP

COMMUNITY RELATIONS

ENVIRONMENTAL CARE

**THESE ASPECTS COLLECTIVELY
CONTRIBUTE TO OUR OVERALL
WELLBEING, WHICH HAS BECOME MORE
VITAL THAN EVER IN OUR LIVES AND
LIVELIHOODS.**

**WORLD
WELLBEING
WEEK
2024**

